

Do you need help with starting a Family Court application?

The Supreme Court of Newfoundland and Labrador now has **Self-Help Kits** available!

A Self-Help Kit is a package of court forms and instructions that you can use if you are representing yourself in court. These kits can help you start or respond to court applications involving:

- **Divorce**
- **Custody**
- **Access**
- **Child Support**
- **Spousal Support**

These kits will walk you through the process of starting or responding to a court application, including: which forms to fill out, how to fill out the forms, how to file the forms, how to serve the forms, what to expect in court, what resources are available to you, and where you can find more information.

You can get copies of these kits at any of the following locations:

- All Supreme Court of Newfoundland and Labrador locations
- All Family Justice Services (FJS) locations
- Public Legal Information Association of NL (PLIAN)
- All major Public Library locations

You can also print the self-helps online at:

www.court.nl.ca/supreme/family/self_help.html

Contact the court nearest you for more information:

St. John's
21 King's Bridge
Rd.
St. John's, NL
(709) 729-2258

Corner Brook
82 Mount Bernard
Ave.
Corner Brook, NL
(709) 637-2250

Gander
100 Airport Road
Gander, NL A1V
2N9
(709) 256-1100

Grand Bank
Grand Bank-
Fortune Highway
Grand Bank, NL
(709) 832-1450

**Grand Falls-
Windsor**
Law Courts Bldg.
Grand Falls-
Windsor, NL
(709) 292-4212

**Happy Valley-
Goose Bay**
P.O. Box 3014,
Stn. B
Happy Valley-
Goose Bay, NL
(709) 896-7870